#### TRIBE YOUNG ADULTS

# THE FORMATION PLAN MONTHLY

#### **PREPARE**

SPIRITUAL PRACTICE

OF THE MONTH

**BOOK OF THE BIBLE** 

OF THE MONTH

**MEDITATION VERSE** 

OF THE MONTH

## INFLUENCE

WHAT DO YOU WANT YOUR INFLUENCE TO BE LIKE THIS MONTH?

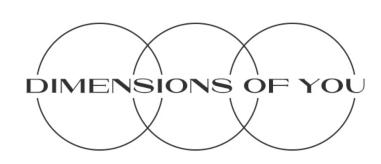
### REFLECT

- •WHAT'S THE MOST IMPORTANT THING I LEARNED THIS MONTH?
- •WHAT'S THE GREAT OBSTACLE I FACED THIS MONTH?
- •HOW DID I DO WITH MY FORMATION PLAN?
- •HOW DID I DO WITH MY WELL BEING GOALS?

## TIME WITH GOD

CIRCLE A DAY: S M T W T F S

PICK A TIME:



#### HOW DO I PLAN TO GROW IN MY:

**PHYSICAL** 

WELL BEING

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WELL BEING

INTELLECTUAL

WELL BEING

SOCIAL

WELL BEING

SPIRITUAL

WELL BEING